

VENUE:
CONFERENCE CENTER "N. LOUROS" MITERA &
ANATOMY LAB OF THE MEDICAL SCHOOL OF ATHENS

www.athens-shoulder-course.com

CONGRESS SECRETARIAT:
SYNTHESIS GROUP SA
31 Agias Varvaras Str., 164 52 Argyroupoli - Athens, Greece Tel: +30 210 9609400, Email: tzombola@synthesispc.com, www.synthesispc.com



ORGANISER



3RD
ORTHOPAEDIC
DEPARTMENT OF HYGIEIA
Director: E. Antonogiannakis

CO-ORGANISER



DEPARTMENT OF ANATOMY
& SURGICAL ANATOMY
MEDICAL SCHOOL
NATIONAL & KAPODISTRIAN
UNIVERSITY OF ATHENS
Professor: P. Stamatakis

26-28 /
01 /
2017 /

Athens Shoulder Course

3-Day Course with practice
on Cadaveral Specimens.
National and International Faculty.

Thursday, 26 January 2017

16:00	Registrations
Session 1: Welcome	
16:30	Welcome to ASC / Course objectives
Session 2: Introduction	
17:00	Shoulder Anatomy. What matters for the surgeon
17:10	The nerves around the shoulder joint. What the surgeon should know
17:20	Arthroscopic Shoulder Anatomy
17:30	Management of Painful Shoulder
17:40	Discussion
Session 3: Shoulder dysfunction	
17:50	The Impingement Syndromes
18:00	Calcifying Tendonitis
18:10	The long head of biceps: SLAP lesions. When and how to treat
18:20	Tenodesis of long head of biceps. When, where and how
18:30	Stiff shoulder. How to treat conservatively
18:40	Arthroscopic treatment of the stiff shoulder Tips and tricks for a complete release
18:50	Discussion
Session 4: AC Joint	
19:00	Arthroscopic Treatment of AC Joint Dislocation
19:10	A New Technique for the Management of AC Joint Dislocation
19:20	Our Experience Using Surgilig for AC Joint Dislocation
19:30	When and How to Do a Mumford Procedure
19:40	Discussion

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Session 5: Instability

08:00	CT Evaluation for Anterior Shoulder Instability
08:10	The First Dislocation
08:20	How to do it Arthroscopic Bankart Repair for Anterior Instability
08:30	The Evolution of Bankart Repair From metal to soft anchors
08:40	Why the first attempt fails Management and Revision of Failed Bankart Repair
08:50	Discussion
09:00	Bone Defects in Shoulder Instability From Engaging Lesions to On/Off Track Lesions
09:10	Arthroscopic Remplissage for engaging hill's Sachs
09:20	Open or Arthroscopic Latarjet Indication, contraindications, results, complications
09:30	How to do it: Tips & Tricks for Arthroscopic Latarjet
09:40	Discussion
09:50	Coffee break

Session 6: Instability 2

10:20	Arthroscopic Glenoid Rim Reconstruction Using Bone Graft
10:30	Our Experience Using Bone Graft
10:40	Management of Posterior Instability
10:50	Our Experience with arthroscopic management of posterior instability
11:00	Conservative treatment of multi directional instability
11:10	Management of Multi Directional Instability
11:20	Discussion

Session 7: Live Surgeries

12:00	Live Surgery 1
13:00	Live Surgery 2
14:00	Light lunch

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Session 8: Rotator cuff repair

15:00	US & MRI Evaluation of Rot Cuff Tears
15:10	The role of physiotherapist in RC tears Conservative and post-operative management
15:20	Risk factors of RC tears. Can we change the natural history of RC repairs?
15:30	Identification and repair of subscapularis tears
15:40	RC tears in young athletes
15:50	Partial supraspinatus tears. In situ repair or completing the tear and repair
16:00	Discussion

Session 9: Rotator cuff repair 2

16:10	Tips to arthroscopic cuff repair. Single or double row repair
16:20	Tips to arthroscopic cuff repair: Massive cuff tears / Find and release
16:30	The Biodegradable Spacer. A Novel treatment modality for massive RC tears
16:40	Our experience with balloon
16:50	Superior capsule reconstruction: History & safety of procedure
17:00	Augmenting rotator cuff repairs with grafts
17:10	Arthroscopic Latissimus Dorsi tendon transfer for irreparable posterosuperior cuff tears
17:20	Discussion
17:30	Coffee break

Session 10: Shoulder Arthroplasty

18:00	The role of physiatrist. Conservative and post-operative management of shoulder arthritis
18:10	Historic evolution: From Neer Hemi-Arthroplasty to Fourth Generation Modular Implants
18:20	Hemi or Total Arthroplasty for the Management of Shoulder Arthritis
18:30	Cuff tear arthroplasty
18:40	Stemless tSA
18:50	How to do it: Tips & Tricks of anatomic TSA
19:00	Discussion

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Session 11: Shoulder Arthroplasty

19:10	Trends and Controversies in Reversed Shoulder Arthroplasty
19:20	Lateralization of reversed shoulder arthroplasty
19:30	Outcomes of total shoulder arthroplasty (anatomic and reversed)
19:40	How to do it: Tips & Tricks of reverse TSA
19:50	How to do it: Transdeltoid approach for reverse total shoulder arthroplasty
20:00	Solving difficult problems in reverse shoulder arthroplasty. Glenoid bone loss, instability, bioRSA
20:10	Discussion

Saturday, 28 January 2017

08:00 - 14:30	Practical Session on Cadaveral Specimens
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Group A

08:00 - 11:00	Arthroscopy: Instability & Rotator Cuff Repair
11:00 - 11:30	Break
11:30 - 14:30	Arthroplasty

Group B

08:00 - 11:00	Arthroplasty
11:00 - 11:30	Break
11:30 - 14:30	Arthroscopy: Instability & Rotator Cuff Repair