



# 5<sup>th</sup> Symposium

## Shoulder & Elbow Surgery Section

Hellenic Association of Orthopaedic Surgery and Traumatology

### 5-6 April 2019

Amphitheater of Physiology "G. Kotzias"  
Medical School, University of Athens

#### Invited Speakers

Alessandro **Castagna**

Ralph **Hertel**

Philippe **Valenti**

**Dry Lab**  
**Arthroscopic**  
**Techniques**



**FINAL**  
**PROGRAM**

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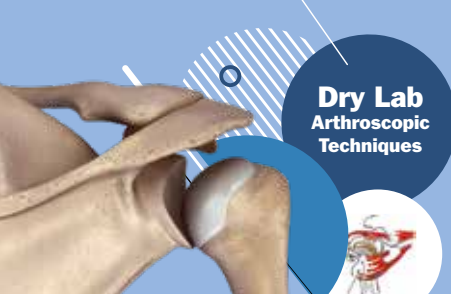
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UNDER THE PATRONAGE:





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## Welcome Address

Dear Colleagues.

The Shoulder & Elbow Surgery Section of the Hellenic Association of Orthopaedic Surgery and Traumatology (HAOST) is organizing its 5th Symposium on 5 and 6 April, 2019.

The Symposium will take place at the Medical School of the National and Kapodistrian University of Athens, Greece.

The scientific program focuses on hot topics on rotator cuff tears, anterior instability and arthroplasty on glenohumeral arthrosis.

International and Greek experts will present current concepts on various topics, discuss on difficult cases and participate in debates. It is a great opportunity for the experienced orthopaedics to share knowledge and innovation, while the younger orthopaedic surgeons can attend a high-level symposium at the same time.

A dry-lab workshop will take place at the Laboratory of Anatomy of the Medical School on 5 April, which will focus on shoulder arthroscopic techniques.

Our wish is that all participants will expand their knowledge and exchange ideas with their peers and experts. We would like to invite you to actively participate in this highly didactic event gathering all those interested in shoulder surgery.

**Emmanouil Fandridis**

President of the Executive committee of the  
Shoulder & Elbow Surgery Section, HAOST

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Techniques



## Dry Lab workshops SCIENTIFIC PROGRAM

Reading Hall  
Laboratory  
of Anatomy

Friday 5 April 2019

**08:30 - 11:00** Basics on shoulder arthroscopy

Moderator: **O. Savvidou**

- 08:30 - 08:40 Positioning of the patient. Beach or lateral decubitus  
**D. Varvitsiotis**
- 08:40 - 08:50 Portals on shoulder arthroscopy  
**I. Chiotis**
- 08:50 - 09:00 Shoulder arthroscopic anatomy and variants  
**A. Kyriakos**
- 09:00 - 09:10 Anterior labrum repair with anchors. How I do it  
**I. Ntsios**

Anatomy Hall  
Laboratory  
of Anatomy

09:10 - 11:00 Workshops on arthroscopic stations  
**All instructors**

**11:00 - 11:30** Coffee Break



**Dry Lab  
Arthroscopic  
Techniques**

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## **Dry Lab workshops SCIENTIFIC PROGRAM**

**Friday 5 April 2019**

**Reading Hall  
Laboratory  
of Anatomy**

**12:00 - 14:00** **Rotator cuff tears**  
Moderator: **N. Roidis**

- 12:00 - 12:10 Imaging and arthroscopic classification of RCT  
**I. Galanopoulos**
- 12:10 - 12:20 Repair of anterosuperior RCT  
**F. Giannoulis**
- 12:20 - 12:30 Single or double row repair  
**I. Mataragkas**

**Anatomy Hall  
Laboratory  
of Anatomy**

12:30 - 14:00 Workshops on arthroscopic stations  
**All instructors**

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## SCIENTIFIC PROGRAM

Friday 5 April 2019

15:00 - 17:15

### Rotator Cuff Tears

#### Part I

Moderators: **D. Alexakis, D. Tsoukas**

Natural history of RCT: What should your patient know?

**K. Ditsios**

Clinical sign to assess rotator cuff function. Which work?

**A. Panagopoulos**

Anatomy of RCT and imaging

**A. Plagou**

Discussion

#### Part II

Moderators: **A. Tokis, G. Tsikouris**

Subscapularis tears: Classification and treatment

**D. Kostopoulos**

Transmural RCT: What type of fixation and how to avoid complications

**C. Sinopidis**

Partial thickness RCT: Debridement, repair with or without takedown

**A. Castagna**

Management of the long head of biceps when repairing the RCT

**I. Gliatis**

Discussion

17:15 - 17:30

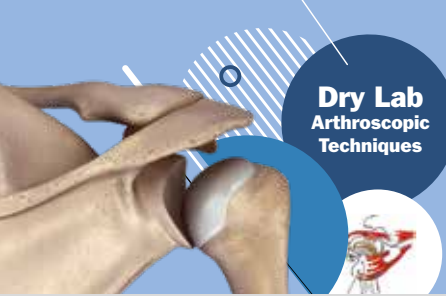
### Coffee Break

17:30 - 18:00

### Welcome Addresses

Shoulder & Elbow Surgery Section. The section's history

**D. Varvitsiotis**



**Dry Lab  
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## SCIENTIFIC PROGRAM

**Friday 5 April 2019**

**18:00 - 19:30**

### **Massive Rotator Cuff Tears**

Moderators: **A. Castagna, E. Brilakis**

Partial repair

**D. Alexakis**

Superior capsular reconstruction

**C. K. Yiannakopoulos**

Subacromial balloon

**E. Antonogiannakis**

Tendon transfer for posterosuperior cuff

**P. Valenti**

Tendon transfer for anterior cuff

**E. Fandridis**

Arthroplasty

**J. S. Maris**

Discussion

**19:30 - 20:15**

### **Interactive Case Discussion: Rotator Cuff Tears**

Moderator: **E. Fandridis**

Panel: **A. Castagna, R. Hertel, P. Valenti, E. Antonogiannakis,  
C. K. Yiannakopoulos**



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## SCIENTIFIC PROGRAM

Saturday 6 April 2019

09:00 - 10:15

### Anterior Traumatic Instability

Moderators: **R. Hertel, A. Georgoulis**

Clinical examination of anterior instability. What I look for?

**C. Chrysanthou**

Pathoanatomy and which imaging modality should I use?

**A. Karantanas**

Assessment of the glenoid and humeral defects

**F. Zampeli**

First time dislocators. How do I treat them?

**I. K. Triantafyllopoulos**

Discussion

10:15 - 10:45

### Coffee Break

10:45 - 12:15

### Anterior Post-traumatic Instability-Surgical Treatment

Moderators: **P. Valenti, N. Piskopakis**

Arthroscopic soft tissue procedures (labral repair, remplissage, capsular shift)

**A. Castagna**

Is there still an indication for open soft tissue repair?

**H. Georgoulis**

Bone block procedures

**R. Hertel**

Open Latarjet

**M. Hantes**

Arthroscopic Latarjet. How I do it?

**P. Valenti**

Discussion

12:15 - 13:15

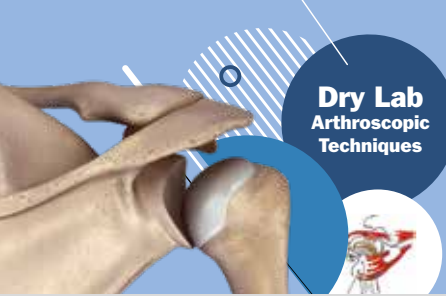
### Interactive Case Discussion: Anterior Traumatic Instability

Moderator: **A. Castagna**

Panel: **R. Hertel, P. Valenti, H. Georgoulis, M. Hantes, C. Sinopidis**

13:15 - 13:45

### Lunch Break



**Dry Lab  
Arthroscopic  
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## SCIENTIFIC PROGRAM

**Saturday 6 April 2019**

**13:45 - 15:15**

### **Anatomic Total Shoulder Arthroplasty**

Moderators: **J. C. Feroussis, N. Gerostathopoulos**

Clinical and imaging approach of patient with glenohumeral arthrosis

**Z. Kokkalis**

Glenoid implant for anatomic total shoulder arthroplasty

**A. Castagna**

Humeral implant for anatomic total shoulder arthroplasty

**P. Papadopoulos**

Reasons for failure of anatomic total shoulder arthroplasty

**R. Hertel**

How to manage glenoid defects in anatomic total shoulder arthroplasty

**R. Hertel**

Discussion

**15:15 - 15:30**

### **Coffee Break**

**15:30 - 17:00**

### **Reverse Shoulder Arthroplasty**

Moderators: **E. Chronopoulos, E. Fandridis**

Preoperative planification. Is it necessary?

**P. Valenti**

How much lateralization and inferior tilt in RSA? What do we know?

**A. Boutsiadis**

Revision of anatomic total shoulder arthroplasty to RSA

**P. Valenti**

Failed RSA. What's next?

**J. C. Feroussis**

Cuff Tear "Arthroplasty". A new approach

**P. Dimakopoulos**

Discussion

**17:00 - 18:00**

### **Interactive Case Discussion: Reverse Shoulder Arthroplasty**

Moderator: **R. Hertel**

Panel: **A. Castagna, P. Valenti, J. C. Feroussis, P. Papadopoulos**

**18:00**

### **Closing Remarks**